## Verse 5

We are called to clothe ourselves in humility.

- We see examples of being clothed throughout the Bible:
  - Adam/Eve in the garden (Genesis 3:21)
  - Believers clothed in the righteousness of Christ (Is 61:10)
  - Clothed with Jesus Christ (Romans 13:14) to make no provisions for lusts.
  - Clothed with humility (1 Peter 5:5)

We are not called to have just a touch of humility, but rather to be immersed, wrapped, and clothed in humility.

Christ gives us the greatest example of humility in Philippians 2:1-11:

• Therefore if there is any encouragement in Christ, if there is any consolation of love, if there is any fellowship of the Spirit, if any [a] affection and compassion, 2 make my joy complete [b] by being of the same mind, maintaining the same love, united in spirit, intent on one purpose. 3 Do nothing [c] from [d] selfishness or empty conceit, but with humility of mind regard one another as more important than yourselves; 4 do not merely look out for your own personal interests, but also for the interests of others. 5 Have this attitude [e] in yourselves which was also in Christ Jesus, 6 who, although He existed in the form of God, did not regard equality with God a thing to be [g] grasped, 7 but [e] emptied Himself, taking the form of a bond-servant, and being made in the likeness of men. 8 Being found in appearance as a man, He humbled Himself by becoming obedient to the point of death, even death [h] on a cross. 9 For this reason also, God highly exalted Him, and bestowed on Him the name which is above every name, 10 so that at the name of Jesus every knee will bow, of those who are in heaven and on earth and under the earth, 11 and that every tongue will confess that Jesus Christ is Lord, to the glory of God the Father.

God opposes the proud and, but gives grace to the humble:

- Luke 18:9-17-Parable of the pharisee and the publican(tax collector)
- Luke 5:27-32-Call of Levi
- Luke 14:7-15-Parable of the guests

The Christian's life is one of humility.

Ephesians 4:1-3 Therefore I, the prisoner of the Lord, implore you to walk in a manner worthy of the calling with which you have been called, <sup>2</sup> with all humility and gentleness, with patience, showing tolerance for one another in love, <sup>3</sup> being diligent to preserve the unity of the Spirit in the bond of peace.

What could we ever be boastful or proud of in ourselves? Let our boasting be in Christ alone (Galatians 6:14)

## <u>Verse 6</u>

As a result of God opposing the proud and giving grace to the humble, we are to humble ourselves under the mighty hand of God.

Verses on the hand of God:

- Isaiah 48:13 "Surely My hand founded the earth, And My right hand spread out the heavens; When I call to them, they stand together.
- Isaiah 66:1-2 Thus says the Lord, "Heaven is My throne and the earth is My footstool. Where then is a house you could build for Me? And where is a place that [all may rest? 2 "For My hand made all these things, Thus all these things came into being," declares the Lord. "But to this one I will look, To him who is humble and contrite of spirit, and who trembles at My word.
- Isaiah 64:8 But now, O Lord, You are our Father, We are the clay, and You our potter; And all of us are the work of Your hand.
- Isaiah 40:12 Who has measured the lalwaters in the hollow of His hand, And marked off the heavens by the lalspan, And lalcalculated the dust of the earth by the measure, And weighed the mountains in a balance And the hills in a pair of scales?
- Psalm 8:3-4 When I <sup>[]</sup> consider Your heavens, the work of Your fingers, The moon and the stars, which You have <sup>[]</sup> ordained; <sup>4</sup> What is man that You <sup>[]</sup> take thought of him.
- Exodus 15:6 "Your right hand, O Lord, is majestic in power, Your right hand, O Lord, shatters the enemy.
- Hebrews 10:31 It is a terrifying thing to fall into the hands of the living God.
- John 10:28-29 and I give eternal life to them, and they will never perish; and no one will snatch them out of My hand. <sup>29 [a]</sup>My Father, who has given *them* to Me, is greater than all; and no one is able to snatch *them* out of the Father's hand.
- Isaiah 49:14-16 But Zion said, "The Lord has forsaken me, And the Lord has forgotten me." <sup>15</sup> "Can a woman forget her nursing child And have no compassion on the son of her womb? Even these may forget, but I will not forget you. <sup>16</sup> "Behold, I have inscribed you on the palms of My hands; Your walls are continually before Me.
- Revelation 21:4 and He will wipe away every tear from their eyes; and there will no longer be *any* death; there will no longer be *any* mourning, or crying, or pain; the first things have passed away."

God will exalt the humble at the proper time either on this earth or in glory!

## Verse 7

We all have anxiety. What do we do with our anxiety? Do we hold on to it? Do we dwell on it? Do we think there is no hope for our anxiety? Do we lean unto our own understanding? God gives us clear instruction on what we are to do with our anxieties: cast them on Him. The word used in this verse for casting, means to throw. We are to throw our anxieties on Him.

 Philippians 4:6-7 Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. <sup>7</sup> And the peace of God, which surpasses all <sup>[a]</sup> comprehension, will guard your hearts and your minds in Christ Jesus.

Why would He want us to cast our anxieties on Him? He cares for us! No one has or ever will care for you more than God! God cares for you! Let that sink in!